

# Combination Continental Knitting



## Quick Reference Guide

### What is Combination Knitting?

- A blend of Western and Eastern knitting techniques
- Leading leg may sit in front (Western) or in back (Eastern)
- Purling naturally changes stitch orientation

### Understanding the Leading Leg

- Western Style: Leading leg in front of needle
- Eastern Style: Leading leg in back of needle
- Combination Knitting: Varies depending on stitch type



### RIGHT-LEANING INCREASE



1. Lift running thread from **back to front**

2. Knit into the **front** of the loop



### LEFT-LEANING INCREASE



1. Lift running thread from **front to back**

2. Knit into the **back** of the loop



### RIGHT-LEANING DECREASE



1. **Reorient** stitches so the leading leg sits in front.

2. Knit through **front** loops



### LEFT-LEANING DECREASE



1. Slip one stitch **knitwise**, one **purlwise**

2. Knit together **through back loop**



- ✓ Check stitch count before decreases & increases
- ✓ Adjust pattern instructions as needed
- ✓ Trust your hands—your method isn't "wrong," just different!

